



Nurturing the Child's Brain and Emotional Growth

**Strengthening School Performance, Mental Health,
and Healthy Human Development**

A Parent Development Program



SEREBRIO
THE CALIBRATED BRAIN

Program Description

Children do not develop their abilities in school alone. Their brain development, emotional stability, and learning habits are largely shaped by the experiences they have at home. The way parents communicate, guide behavior, respond to stress, and create routines directly influences how children think, regulate emotions, and perform in school.

This five-hour Parent Development Program helps parents understand how the home environment influences brain development, mental health, and school engagement. The workshop translates neuroscience and human development into practical parenting strategies that support learning, emotional resilience, and responsible behavior.

Parents learn how everyday interactions shape attention, motivation, emotional regulation, and confidence in children. When parents understand these processes, they are better equipped to support their child's academic performance and overall well being.

The program also addresses the importance of brain health and emotional development as foundations of learning. Children who experience supportive, emotionally safe environments are more likely to focus in school, engage with teachers, and develop stronger coping skills when facing academic or social challenges.

Another key component of the workshop is helping parents recognize and avoid harmful parenting practices that may negatively affect a child's psychological development. The program introduces healthier ways of guiding behavior that promote respect, dignity, and emotional safety while preventing forms of emotional harm, neglect, or inappropriate treatment.

By strengthening parental awareness and involvement, the program helps build a strong partnership between home and school. Parents become more confident in supporting their children's learning, while schools benefit from more engaged and responsive families.



The workshop includes a free 180- page ebook for parents titled: **Program the Brain for Greatness: A Workbook for Parents** This workbook provides practical guidance, exercises, and reflections that parents can continue to use at home to support their child's brain development, emotional growth, and learning success.

Schools may also use this program as an income-generating activity for parent education or as an onboarding program for parents of new students, strengthening the developmental partnership between the school and the family.

Program Objectives

The program aims to:

- Help parents understand how brain development influences learning, behavior, and emotional growth in children.
- Introduce parents to the connection between brain health, school performance, and emotional stability, allowing them to support their children more effectively at home.
- Promote parenting approaches that encourage healthy human development, strengthen emotional resilience, and build positive learning habits.
- Recognize practices that may unintentionally harm children's psychological well being and how to replace them with healthier forms of discipline and guidance.
- Increase parent engagement in their child's education, encouraging families to actively support learning, motivation, and responsible behavior.



Expected Outcomes

At the end of the 5-hour Parent Development Program, the following outcomes are expected:

- **Improved parent understanding of brain development and learning.** Parents demonstrate increased knowledge of how brain development influences attention, behavior, emotional regulation, and school performance.
- **Stronger parental support for school learning.** Parents establish home routines that support study habits, attention, and learning engagement.
- **Improved parent–school partnership.** Parents increase communication and collaboration with teachers in supporting the child’s learning and development.
- **Healthier parenting practices.** Parents adopt constructive guidance and discipline approaches that promote respect, emotional safety, and positive behavior.
- **Prevention of harmful treatment toward children.** Parents demonstrate greater awareness of behaviors that may negatively affect children’s emotional development and actively avoid harmful responses.
- **Improved emotional support at home.** Parents apply communication strategies that help children manage stress, regulate emotions, and cope with challenges.
- **Strengthened student engagement in school.** Children show improved motivation, participation, and readiness for learning as a result of increased parental support.
- **Sustainable parenting practices through the workbook.** Parents continue applying strategies from the 180-page workbook “Program the Brain for Greatness: A Workbook for Parents..
- **Institutional benefit for schools.** Schools may implement the program as a parent onboarding initiative or income generating parent education program, strengthening long term collaboration between school and families.



Program Structure

The interactive and applied Five-Hour Parent Workshop

Session 1

Understanding the Child's Brain and Learning

Introduction to how brain development affects attention, motivation, and school performance. Parents learn how everyday experiences shape the brain of the child.

Session 2

Emotional Development and Mental Health

Understanding how emotions influence learning and behavior. Parents learn how to support children in managing stress, anxiety, and emotional challenges.

Session 3

The Home as the First Learning Environment

How routines, communication, and family relationships influence learning habits and school engagement.

Session 4

Protecting the Child's Development

Recognizing harmful parenting practices and learning healthier approaches that protect emotional well being and prevent abuse or inappropriate treatment.

Session 5

Brain Based Parenting for School Success

Practical strategies that help parents support academic motivation, emotional resilience, and responsible behavior.

Additional Program Benefit

Participants receive a free 180 page ebook for parents
Program the Brain for Greatness: A Workbook for Parents
The workbook provides practical tools that help families apply the principles discussed in the workshop.

Schools may offer this program as a parent development initiative, an income generating activity, or an onboarding program for parents of newly enrolled students, strengthening collaboration between parents and educators in supporting children's development.



Facilitator

The primary facilitator of the program is Dr. Rhodius T. Noguera, RPsy, a licensed psychologist with expertise in clinical, family, educational, and neuro psychology. He is an educator, researcher, and practitioner whose work focuses on the relationship between brain development, learning, and emotional health.

Dr. Noguera has trained thousands of teachers, school leaders, and parents on the science of learning, brain development, and brain-informed pedagogy for schools. His training programs help educators and families understand how brain processes influence attention, behavior, emotional regulation, and academic performance.




In clinical practice, he has provided psychological counseling and guidance to adolescents and children dealing with diverse concerns, including learning difficulties, emotional and behavioral challenges, family-related issues, and school-related stress. His professional work bridges psychological practice, education, and neuroscience to support healthy child development.

Dr. Noguera is a graduate of the University of the Philippines Diliman and received specialized training in early childhood development and child trauma management in Israel. As a researcher, his work continues to explore how brain health, emotional environments, and learning experiences shape the development and well being of children and young learners.

Through his work as a psychologist, educator, and researcher, he advocates for brain-informed parenting and education, helping families and schools create environments that nurture the intellectual, emotional, and psychological development of children.

Contact Serebrio

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